



An Interactive Session on “ **Relieving Period Pain** ”  
On the occasion of  
**World Menstrual Hygiene Day 2022**



**Programme**

Date: 28<sup>th</sup> May 2022  
Timing: 10 am onwards  
Platform: Google Meet

**Beneficiaries**

All girls from UG  
and PG classes

**Speaker**

**Dr. Lakshita Jain**  
Dietitian  
Infano care, A Digital Platform  
for women Health

**Organizers**

Women Development Cell  
**In Association with**  
Infano Care, Bengaluru, Karnataka